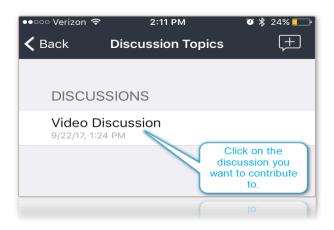
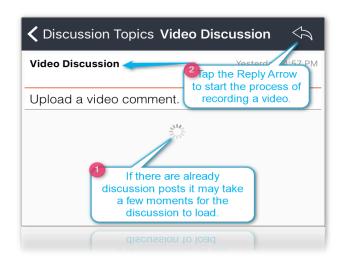
## Creating and Uploading

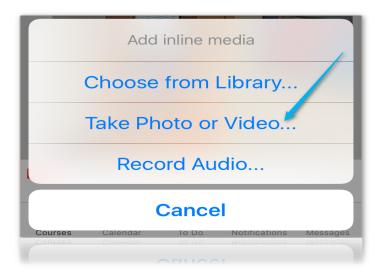
## Video in Canvas - iPhone

1. Click on the discussion you want to contribute to and follow the instructions in the images.

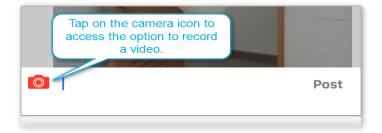


2.

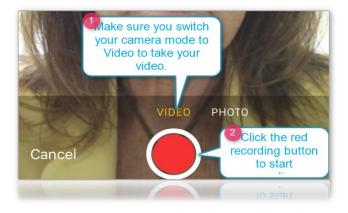




4.



5. Make sure your camera is facing you and not outwards.



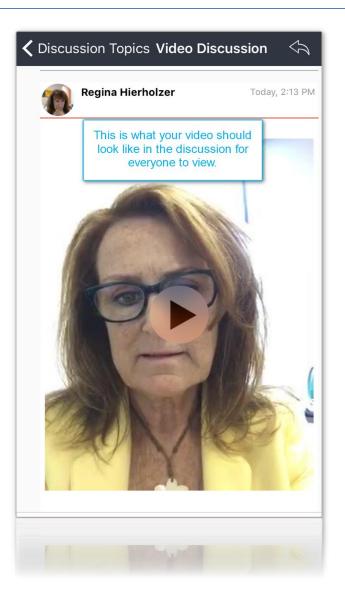


7.



8.





10.

